

Factsheet: NDIS Disability Support

What is the NDIS?

Disabled Australians under age 65 can now apply for the National Disability and Insurance Scheme (NDIS). It's for those who have a permanent and significant disability. It serves to help them with funding for support and services to live their best lives.

The purpose of the NDIS is to inform, connect and support people with a disability. So their skills and independence improve over time. Disabilities include people with intellectual, physical, sensory, cognitive and psycho-social issues.

We offer a wide range of supports. These include:

- help you reach your goals
- support with daily life activities
- growing lifeskills
- have access to community connections (such as schools, doctors, libraries or social activities).

Am I eligible?

To find out if you are eligible for the NDIS, use this checklist via the NDIS website:

<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>

What supports does the NDIS fund?

Education, employment, social participation, independence health and wellbeing supports and services can be covered by your NDIS funding. As long as:

- they relate to your disability
- help you pursue your goals
- increase your independence
- and increase your connection to our community.

It can also have a direct or indirect benefit to your family or carer – such as counselling or respite help.

How do I apply?

If you are eligible, according the NDIS Checklist (<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>) you will need to call 1800 800 110 and ask to make an Access Request. You will be required to fill in a form. This may require information from third parties – such as your doctor – to discover how your disability affects your day-to-day life.

There are also Local Area Co-ordinators on the Coffs Coast who can give you advice and assistance.

Useful Links

COFFS COAST:

<https://midcoastcommunities.org.au/contact>

NDIS Local Area Coordination

Partner Organisation: Social Futures

Coffs Harbour: Suite 2, 38-40 Park Avenue, Coffs Harbour, NSW

Grafton: 50 Victoria Street, Grafton 2460 NSW

Phone: 1800 522 679

Email: lac-enquiries@socialfutures.org.au

Partner Organisation: Ability Links

Kempsey: Suite 7, Harrington Building, 41 Belgrave Street,

Phone: 02 6516 1925

Nambucca: Shop 5B, Nambucca Plaza, 10 Pacific Hwy

Phone: 02 6516 1940

HUNTER REGION:

National Disability Insurance Scheme (NDIS) Offices

Newcastle: 14 Auckland Street, Newcastle 2300 NSW

Charlestown: Shop 1, Hilltop Plaza, Charlestown 2290 NSW

Gosford: Ground Floor, 99 Georgiana Terrace, Gosford 2250

Maitland: 226 High St, Maitland 2320 NSW

Phone: 1800 800 110

Web: <https://www.ndis.gov.au>

Email: enquiries@ndis.gov.au

Partner Organisation: St Vincent de Paul Society NSW

Offices in Charlestown, Kurri Kurri, Maitland, Newcastle, Raymond Terrace, Wyong and Gosford

Phone: 1800 794 934



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