



COVID-19 Self Isolation - Help Stop the Spread


YOU MUST SELF ISOLATE IF YOU HAVE :




TRAVELLED FROM OVERSEAS OR INTERSTATE




BEEEN DIAGNOSED WITH COVID-19



BEEEN IN CONTACT WITH SOMEONE WHO HAS COVID-19




YOU MAY NEED TO SELF ISOLATE IN YOUR HOME, A HOTEL OR AT A HOSPITAL




YOU CANNOT HAVE VISITORS WHEN YOU ARE SELF ISOLATING


ONLY LEAVE FOR URGENT MEDICAL TREATMENT. CALL FIRST




STAY AWAY FROM OTHER PEOPLE LIVING IN YOUR HOME




DO NOT GO TO PUBLIC PLACES




DO NOT GO TO THE SHOPS



STAY IN YOUR HOME OR YARD



YOU NEED TO SELF ISOLATE FOR 14 DAYS



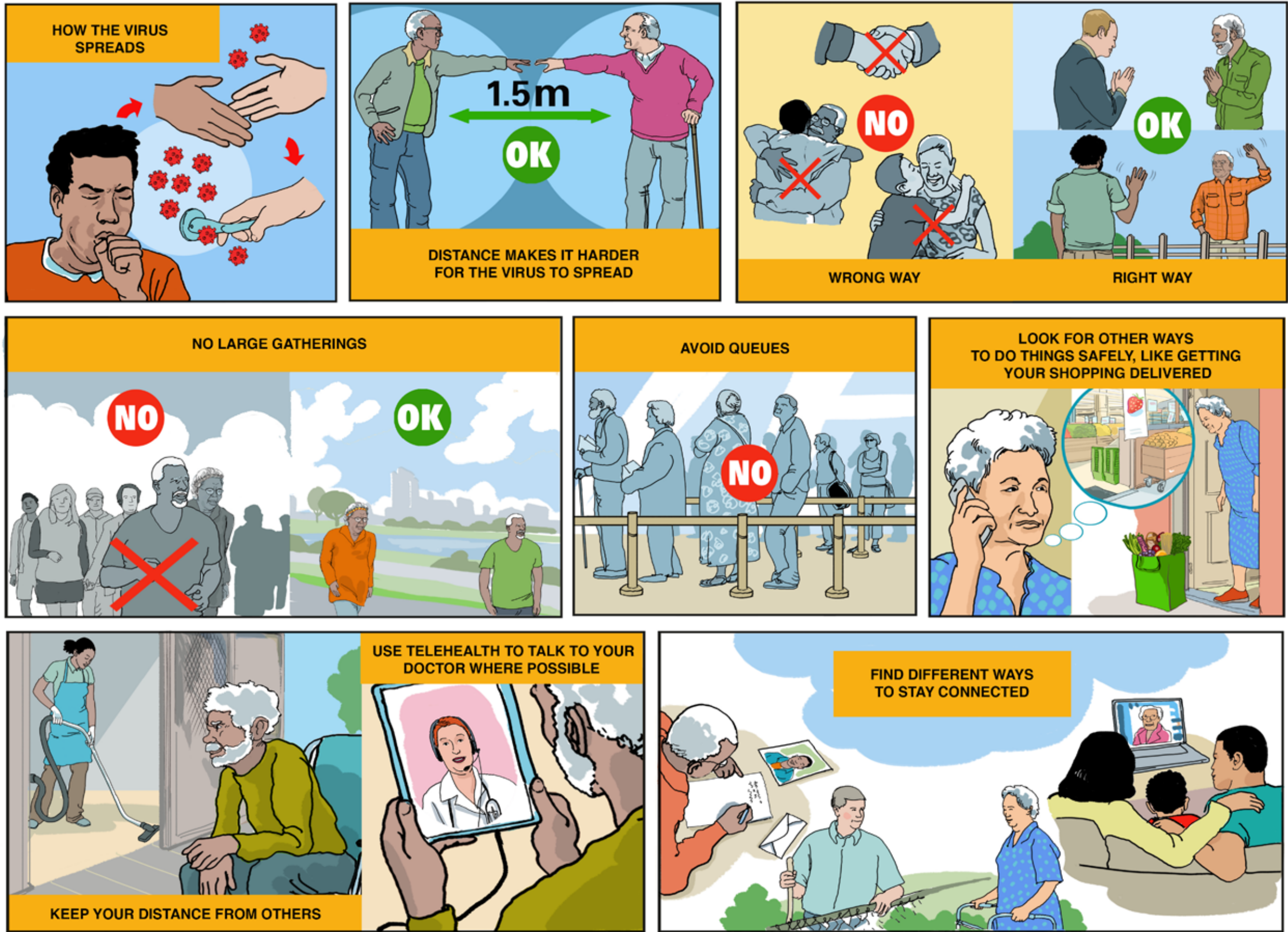
Current as at 12th May 2020



Australian Government
Aged Care Quality and Safety Commission

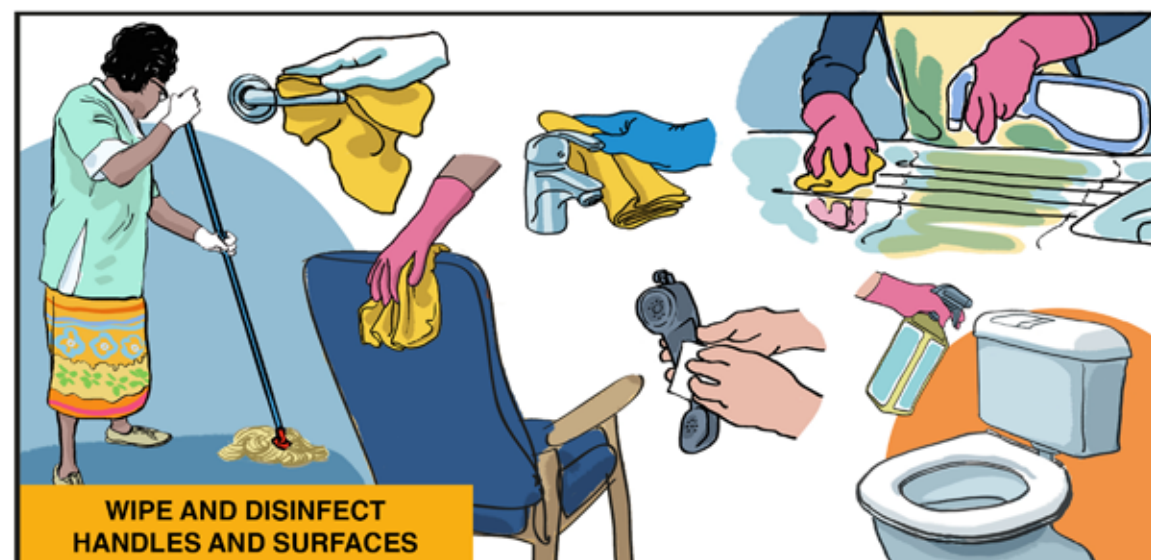
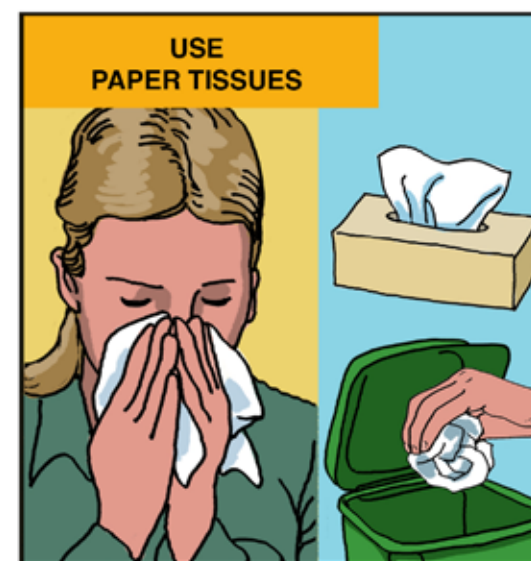


COVID-19 Social and Physical Distancing - Keeping Safe



Current as at 12th May 2020

COVID-19 Working Safely in Community Care



Current as at 12th May 2020



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